

Coastal SUP Trip Leader / Instructor Equipment List

Here is a list of equipment that should be carried by a trip leader or instructor when leading a group on open water such as San Francisco Bay or the Open Coast

<p><u>Life Jacket</u> (USCG Approved Type 3 or 5)</p> <ul style="list-style-type: none"> ● VHF Radio ● Whistle ● Knife ● Compass (hand-held) ● Flashlight/Headlamp/Light Stick ● Strobe ● 1 x Orange Smoke Flare ● Personal Locator Beacon ● Hydration Bladder ● Energy Gels ● Tow System (waist mounted) <p><u>Deck Bag(s)</u></p> <ul style="list-style-type: none"> ● Lunch (including group snack) ● Water ● Minor board repair (bituthene/butyl adhesive tape) ● First Aid Kit ● Additional Flares (Rocket and Smoke) ● Neoprene Gloves ● Balaclava/Skull Cap 	<p><u>Deck Bag(s) - continued</u></p> <ul style="list-style-type: none"> ● Group Shelter ● Survival Blanket ● Dry Thermal Wear <p><u>Board</u></p> <ul style="list-style-type: none"> ● Leash ● Chart/Map ● Float Notes <p><u>Body</u></p> <ul style="list-style-type: none"> ● Helmet (available) ● Splash Jacket ● Wetsuit or Dry Suit ● Thermal Layers ● Booties (suitable for swimming and climbing on rocks)
--	---

*Items in **RED** should be considered mandatory for the ACA Instructor Development Workshop / Instructor Certification Exam*